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Spring 2021



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SPRING 2021 - VOLUME 25, No. 2

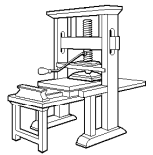
Table of Contents

- 5 – Major Lincoln face-lift breaks ground
- 6 – New associate dean: Courtney Bruntz
- 7 – New faculty: Todd Chipman
- 7 – New faculty: Joseph Liberator
- 8 – New faculty: Amber Pankonin
- 8 – New faculty: Jody Hansen
- 9 – New safety officer: Aaron Ernst
- 10 – Scholarships: Over \$2 million awarded to more than 2,000 students
- 11 – Spin Art at Milford
- 12 – Students present at national research competition
- 12 – Truck pull at Milford

On the cover: Cornhusker Hall, foreground, and Nebraska Hall greet visitors to the Milford campus on a bucolic spring morning. Cornhusker Hall, which has outlived its intended lifespan, will be torn down after Meadow Hall is completed for the fall of 2021.

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- 12 – SCC Pride carries on
- 13 – Ag Olympics
- 14 – Storm basketball ends successful season at national tournament
- 15 – Soccer makes its debut at SCC
- 15 – Lady Storm basketball
- 16 – Storm baseball
- 16 – Storm softball
- 17 – Review: Onewheel - Is it a toy or is it more?
- 17 – Review: MTN OPS Yeti works out
- 18 – Review: Hi-Way Diner is made for comfort
- 19 – Review: Topsy Tina’s is worth a visit
- 20 – Review: The art of the Mill is on display
- 21 – Review: For *Justice League*, newer and longer = better
- 22 – Review: *Genshin Impact*: miHoYo’s spring announcements
- 24 – Illuminations celebrates 22nd volume
- 24 – Skills USA goes virtual in 2021
- 25 – Student senate is a place for anyone
- 26 – Meadow Hall

Write for The SCC Challenge and get class credit!

Journalism courses for fall:

JOUR 1810 - Introduction to Mass Media

Survey of new and traditional media roles and procedures, including social media, film, music, and news. Introduction to newswriting style and new media news production, including story assignments for The SCC Challenge.

Major Lincoln face-lift breaks ground

LINCOLN - Southeast Community College's Lincoln Campus is undergoing a \$30-million face-lift that will change the look and feel of the campus. A groundbreaking ceremony was held on Wednesday, April 28, on the Lincoln Campus.

"Externally, it will provide a welcoming and transparent 'front door' that is modern, yet timeless," said Bev Cummins, vice president for student affairs and Lincoln Campus director.

"It will be a classy, welcoming, and transparent space that will create a cohesive connection between support services and students," she explained.

SCC President Dr. Paul Illich, members of the Board of Governors, students, faculty and staff all



Photo contributed

Above, college dignitaries celebrate the groundbreaking for the Student and Academic Support renovation. Below is an artistic rendering of what the entrance to the Lincoln campus will look like.

came out for the groundbreaking ceremony.

The Student and Academic Support renovation started in March, and around 80,000 square feet of the main building will be completely renovated, while 25,672 square feet of new construction will be added.

It's scheduled to be complete in April 2023.

"Future students will be truly excited by all the changes at SCC," said Braeden Perkins, SCC student. "The future is bright for the College."

"This project demonstrates our continued progress in addressing

our space needs, from improving fire and life safety, evacuation and egress, to confidential spaces and accommodating the growth we've been experiencing on the campus," said Cummins.

"Addressing our space needs is vital in fulfilling our mission and bringing our student and academic support services to the central portion of the building," she added.

Many departments are relocating while the work is being done, but Cummins said everyone is doing their part to make things as smooth and efficient as possible.

Departments/areas impacted by the renovation and addition include advising, adult education/English as a Second Language, instructional design/virtual learning, information technology,



continued on page 27

Fresh Faces at SCC

Courtney Bruntz

By Khari Irish Mikka Baker

LINCOLN – Courtney Bruntz, originally from Omaha, is now our very own Associate Dean of Arts and Sciences at Southeast Community College.

Bruntz earned her PhD in Buddhist Studies from the Graduate Theological Union in Berkley, Calif., and was a teaching assistant for Institute of Buddhist Studies in Berkeley; an adjunct instructor at Nebraska Wesleyan University; a professor of Buddhist Studies at Oregon State University; and a professor and Director of Asian Studies Program at Doane University.

In the beginning of her junior year in college, she wanted to study abroad. Her family encouraged her to wander around the world, and as a seeker, she followed her dreams and studied abroad, specifically in Japan, China and Taiwan.

While she really likes Japan, she fell in love with China.

She started focusing on Asian religions at a very young age. She moved to Wuhan, China, after college to learn more about East Asian Cultures and taught English there.

“When you study religion, you study culture,” said Bruntz.

Bruntz is a wanderer who recollects visiting most places in Asia except Myanmar, Laos and the Philippines.

“It’s through the lens of religion that you can really look at an entire culture, entire individual identities, history, philosophy, psychology, and that’s why I like religion,” she described.

Her mentor, a Buddhist monk, encouraged her to not only academically study Buddhism, but to apply Buddhist principles to her daily life.

Bruntz and her family practiced the virtue of gratitude. Every night, they spent time reflecting on what they are thankful for – things they learned that day, how they were generous and how to take moments of pause.

Through that and the ripple effect of actions, she became vegan. She thinks about food and how it affects animals.

“We are practicing cultivating the process of pause and thinking about how to be compassionate in each moment, which of course, is an ongoing process,” Bruntz explained.

She believes that religion is the gateway to a person’s culture, and language is the medium for how to understand that culture in another perspective. She speaks Mandarin and also learned to



Courtney Bruntz

read traditional Chinese characters while she was living in China.

Prior to the pandemic, she would go back to Asia once a year for research and for conferences. She is currently writing about the Revival of Buddhist Practice in China and the changes after the death of Mao Zedong, a former Chairman of the People’s Republic of China.

Bruntz’s recent focus is on Buddhists making use of technology, specifically making use of robots.

During her time at Doane, she took the faculty and students on study abroad. There is a possibility that she can do that again in the future with the faculty and students of SCC.

“There are many responsibilities, but in summary – I work with primarily faculty in English, Social Science, and Science to support their

teaching and professional goals,” Bruntz stated.

She added, “I also support college initiatives that help students reach their academic and career aspirations. And I am excited to bring my experience with East Asian cultures and beliefs to SCC to help support global education.”

In addition, Bruntz has been supporting the Asian Cultural Commission in Lincoln. Her favorite holiday is the Harvest Moon Festival because she believes in the concept of, “you might be far apart, but you are living under the same moon.”

Bruntz strives for diversity and inclusion.

“My personal goal is to continue to be as good as a community member as I can and to give back to Lincoln, making sure I am helping Lincoln to continue to be a welcoming place for all people and support diverse community,” she expressed.

She likes to read and do research, but she also loves running and gardening. She is kept busy by her two-and-a-half-year-old daughter during her free time.

In terms of career, she enjoys what she is learning as an Associate Dean at SCC. She wants to ensure faculty is supported and students are having

continued on page 7

Todd Chipman

By Caleb Brown

LINCOLN - According to Todd Chipman, a new business instructor at Southeast Community College in Lincoln, "All I've ever wanted to do is make a difference in people's lives. Making money ... has never been important to me."

Chipman has been working since 11 years of age and spent 22 years in the U.S. Navy, including three deployments and visits to 17 different countries.

After retiring from the Navy in 2011, Chipman went to the University of Nebraska Lincoln and received his under-graduate degree in business.

He then furthered his education at the University of Kansas and received his master's degree in business.

Following that, he began teaching at Iowa Western Community College in 2013 and began teaching this semester at SCC, which he calls "the best job I've ever had."



Todd Chipman

He currently teaches Personal Finance, Macro Economics and Microsoft Applications.

A typical day for Chipman is to get up at 7 a.m. and have a spiritual quiet time and approach the day with a positive attitude.

"Fun is a word that I incorporate into my work," he says.

After an exhausting day at work, working out at the gym is an important part of his daily life.

A strategy Chipman uses to be successful is always having a goal in mind, succeeding and

achieving a goal and being grateful.

"Gratitude is an enormous tool to have," he adds.

"Defining hard work is being fully engaged in the process," he states. "Being passionate and driven are wonderful traits to have."

"The culture at SCC is great," according to Chipman. "The president has such a great vision and is

such a nice guy. Having such a nice boss makes the culture so much better and makes work more enjoyable."

Chipman sees a long road ahead at SCC.

"I don't see myself doing anything else because of the rewards I receive from working in my profession," he said. "The student accomplishments are my rewards."

Joseph Liberator

By Chris Chavez

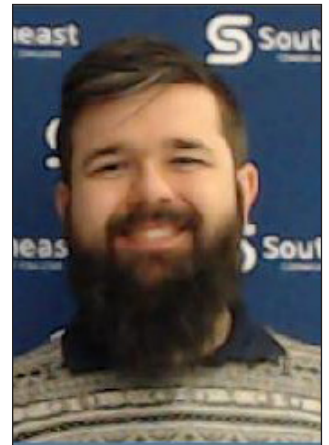
LINCOLN - Joseph Liberator is one of the new instructors this spring at The Career Academy, teaching Computer Information Technology classes.

Liberator grew up in Lincoln and has lived here his whole life.

While he was growing up, a lot of his family worked in technical fields; he even got to apprentice as an electrician as a teenager. Around the age of 15 is when he started getting more into computers as a hobby, which eventually inspired him to make it his career.

He was working in IT before starting his degree from SCC, and upon graduation, he found more advanced jobs, eventually becoming the director of IT at a local non-profit organization in Lincoln.

After working in IT for over 10 years, he saw a position was open at



Joseph Liberator

The Career Academy and applied.

He says teaching felt like a natural next step because he had a lot of experience training people at his previous job in IT.

Liberator says he finds his job very fun and enjoys it a lot.

"It is a lot of fun being able to relate with the people I am teaching," says Liberator when asked what his favorite thing about teaching.

Bruntz, continued

continued from page 6
the resources that they need to succeed.

She would like to continue growing in leadership which includes listening to the needs of the faculty to help their students.

"Listen, contemplate,

be nimble, be flexible and react, but always listen first. Respond in a way that's meaningful and compassionate," she added.

"Ultimately," she explained, "my goal is to do good in the world."

continued on page 11

More Fresh Faces

Amber Pankonin

By Lexus Heithoff

LINCOLN- Amber Pankonin stays busy not only teaching the culinary hospitality department at SCC but also promoting her own freelance nutrition company of eight years, Stirlist.

She incorporates her writing and speaking skills into recipe development and photography for brands while spending much of her time in the kitchen baking simple dishes. A hobby of recipe development and food photography turned into a job for Pankonin.

Pankonin was raised in Lincoln and attended SCC before she obtained her bachelor's degree from UNL.

Two years ago, she decided to go back to school, ultimately into the culinary program. She started out as a music major, but dietetics is where her journey truly began.

Upon completion of the culinary program, she learned about the job openings SCC was offering, and after completion of her graduate degree from UNL, she was recruited to teach as an adjunct instructor for SCC.

As a new graduate, she felt she had a relationship with the program and school and knew her experience with teaching as



Amber Pankonin

an adjunct at UNL would be beneficial to bring to SCC.

Pankonin said, "SCC was there for me at all the different crossroads in my life. Dating back to trying to figure out what I was going to do with my life, SCC was there."

"A few years ago, when I was trying to think of new ways to advance my career, SCC was there," she added. "Being around the students and the program, too, I just felt like there was so much I could contribute to the program and I think that was helpful in making that decision."

Pankonin says she takes pride in the classroom and in the experience of the instructors.

She explains, "They aren't just teaching; they are actually doing. Several of my colleagues are not just teaching but are working in the field, and

that brings a great perspective to the students, especially in the culinary program because they get to see us in the community and in the classroom."

Pankonin currently teaches Basic Nutrition and looks forward to teaching culinary and nutrition communications.

This way, students can, "learn how to take pictures of their food so that they can communicate about their food and do it in a conversational way."

"We are seeing so many chefs now that are being tasked with running social media at their restaurants and market-

ing," she said.

Pankonin wants more people in the community to know about the amazing, beautiful facilities SCC offers.

"The kitchens are gorgeous; our teaching labs are one of the best I've ever set foot in," stated Pankonin.

Located across from the cafeteria is the Course restaurant, what she calls "one of SCC's hidden gems."

She explained that the food is high quality and super affordable and wishes more students took advantage of this resource.

Jody Hansen

By Elizabeth Butler

LINCOLN - Jody Hansen is a new instructor in the Healthcare Services program, who is working at the Lincoln campus.

Hansen was born

and raised in Lincoln before pursuing a career in the U.S. Navy, where he served as a hospital corpsman.

He has attended the University of California at Los Angeles, as well as our very own Southeast Community College, and obtained his Bachelor's in Business and Film from UNL. He then went on to receive his master's degree in Healthcare Administration at Bellevue University.

During his time in the Navy, Hansen was based in Oakland, Calif., and has lived in both Los Angeles and Las Vegas, where he worked in



Jody Hansen

continued on page 9

Aaron Ernst

By **Khari Irish Mikka Baker**

LINCOLN – The new Public Safety Officer (PSO) of Southeast Community College (SCC) is Aaron Ernst, born in Stillwater, Okla., but raised in Wyoming. He moved to Nebraska to study at Doane University in Crete.

Ernst was in the military for seven years and was deployed in the Southern and Eastern side of Africa.

When asked about the experience, he stated, “It’s still a beautiful part of the world, and I loved being

there, but (the experience) is very eye-opening.”

He hoped to be deployed in Japan and Korea but that did not happen during his time in the military.

“The military is so structured; there are rules for everything,” Ernst recalled. “You don’t move, don’t go off base or go off the ship, until you were authorized to go.”

After that, he worked at Fresh Thyme in the produce department. He tried to find a career in the sales industry but with the pandemic, Fresh Thyme went out of business.

Ernst found his way to SCC and was a part-time employee for four months until a full-time position came up. He then applied and got the job.

When asked, “Why SCC?”, Ernst smiled and said, “My background is utilized here.”

“I also enjoy interacting with the students,” he added.

He always wanted to be a doctor or a nurse because he likes helping people. He applied to join the Navy to be a corpsman, but it was hard to come by.

Occasionally, he is in



Aaron Ernst

Milford, but Lincoln campus is now his base. As a PSO, Ernst’s main duties are to patrol the cam-

continued on page 10

Hansen, continued

continued from page 8
several healthcare-based positions. Through this, Hansen gained the opportunity to work overseas in Melbourne, Australia.

Hansen returned to Lincoln in the late 90’s and has since worked in the Lincoln General/Bryan hospital system, as well as the Madonna rehabilitation hospitals.

With his extensive background in nursing, he has found that the new Health Sciences building on Lincoln campus has been a major upgrade in facilitating student and faculty needs.

“Jill Sand, the dean of Health Sciences is trying to utilize everything she can to future-proof the facility, and thus far, it’s been going great,” he said.

When asked what led him to becoming an

instructor at SCC, Hansen stated, “I started teaching phlebotomy; that’s what got me going.”

“I really enjoyed it, so I checked to see what other classes I could teach, and it went from there,” he explained.

“I teach TCA students as well, which is very rewarding,” he added. “I like to think that the things I teach them will stick with them for life.”

As an instructor starting out in the midst of the ongoing Covid crisis, Hansen is finding ways to make his courses as accessible as possible for distance learning.

“I love online learning!” Hansen expressed. “I learned how to use Canvas pretty quickly, and with my film background, I video recorded lectures and uploaded

them. I’ve also tried to make my courses more interactive online by adding games and activities.”

“There are some hands-on challenges, though,” he explained. “I can’t show someone how to put a needle in without being there with them. But we overcome things as needed.”

Hansen is currently teaching courses that include Phlebotomy, Nurse Aid, Medication Aid and EKG.

In his other duties, he also works with design for Canvas pages and is also an instructor at The Career Academy.

Hansen’s hobbies outside of his career in nursing mostly revolve around his background in film. He loves creating videos and is a freelance photographer. He also

spends time with his family, which consists of four children (all college students), his wife, and his three wiener dogs.

Hansen says he is very happy to be working here at SCC, especially in Lincoln.

When asked what his favorite part of living in Star City was, Hansen answered: “It’s home.”

He says that his favorite part of being at SCC is “the students. Being able to be an influence in their lives and interact with so many different people is the true joy of this school.”

Hansen’s advice for students considering the Nursing program at SCC is “Do it! If you’ve got a passion, chase it. SCC is one of the best places to do so.”

Scholarships: Over \$2 million awarded to more than 2,000 students

By Lexus Heithoff

Over \$2 million is awarded to select Southeast Community College Students, and high school seniors through college students are eligible to apply.

Rachel Sommerer has several responsibilities as part of the Financial Aid office, and one of those is managing and overseeing scholarships at the college.

Southeast Community College makes it easy for their students to get scholarships with their online application process. The application automatically gets cross-referenced for approximately 300 scholarships that students may qualify for.

Last year, over 2,000 students received scholar-

ship awards from the SCC Educational Foundation that resulted in more than \$2 million being distributed.

“Students must be eligible to receive Federal Financial Aid to receive SCC scholarships,” explained Sommerer.

“Students don’t have to necessarily be using Federal Aid, but they must be eligible for it,” she added.

For example, any student that is on a financial aid suspension would not be eligible to receive any SCC scholarships.

With concerns with the COVID-19 pandemic, the application and award process has not changed, and it takes around 20 minutes to complete the application online.

Sommerer’s advice for students who are interested in applying is to make

sure to watch the scholarship deadline dates.

Students’ GPA and completed credit hours change every term, so eligibility for awards will also change.

The application for high school seniors is open from December 1 – March 1 for the fall semester.

New, current or returning students are able to apply October 1st – 31st for the spring semester and May 1st – 31st for the fall semester.

The SCC Educational Foundation’s primary objective has been the student scholarship program. Its mission is to provide students with opportunities to grow and develop no matter what the student’s personal goals.

Ernst, continued

continued from page 9

pus, to look for potential threats and what needs to be in compliance, to make sure everyone is behaving, to get to know the people around SCC and to keep the school ground safe.

He will be the first person the firefighter or paramedics will see in case of emergency.

Ernst’s advice to students who are experiencing security concerns, “You can go to the security office, or the dean, the teachers or anyone whom you can trust.”

An anonymous tip report is also possible, but in order to get back to you with a follow up or the result of the incident, they may need your information.

Ernst’s professional goals would be staying at SCC, getting settled in and up-skilled, but he is also looking towards getting into a program here. He is interested in taking some psychology or physical therapy classes.

As a safety guy, he has a black belt in Karate, and he has defensive martial arts training. Currently, he is also training in jiu-jitsu.

During his free time, he loves to read books and play video games, chess and the guitar. Ernst’s main goal is to save up and buy a house in the near future.

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Liberator, continued

continued from page 7

He says he really enjoys helping people connect the dots and find real-world applications for the things he is teaching.

Liberator says that although CIT can be intimidating for some students, it can still be a fun career and experience if they go for it. He says it is important for students to take their time and not get ahead of themselves. Liberator also says that it is important to become a people person when going into this career to communicate well with coworkers.

“I am really happy that everyone I took classes from is still working at CIT,” and Liberator says that one of the best things about working at The Career Academy is that he was able to stay at SCC and become colleagues with his past instructors.

In his free time, Liberator likes to play video games and work on IT projects in addition to spending time with his wife and three daughters.

In the future, Liberator says that he is looking forward to things going back to normal after COVID, so that he is able to enjoy the simple things in life like going to the movies and going out to eat with his family safely.

Spin Art



Photos by Stacey Harrifeld

MILFORD - On Tuesday, April 20, Spin Magic offered students the chance to decorate their own cinch bags and Frisbees. Activities coordinator Stacey Harrifeld said that as a new activity, it was attracted a lot of attention and will be back again. Below right, Manufacturing Engineering student Daniel Letting applies his creative instincts. Below left is one of the finished cinch bags.



Students present at national research competition

The 2021 National Conference for Undergraduate Research (NCUR) featured two of SCC's own, Lucy Potter and Maximus Hayes.

The NCUR conference was held virtually last month and featured many juniors and seniors from research institutions around the country such

as Georgia Tech.

Potter's presentation, "National Parks in a Changing Climate" was on the NCUR Environmental Science and Sustainability panel with students from Ithaca College and the University of Montana.

She will be continuing her studies at SCC in the fall.



Hayes presented his research, titled "Theft of the Black Hills," on the NCUR Gender Ethnicity and Cultural Studies panel with a student from Columbia University.

He will be continuing his studies at UNL in the fall.

Both students took the ENGL 1010 honors course

in the Fall 2020. The course focused on national parks as its theme.

The final project was a 12-page research argument with a minimum of eight scholarly sources.

Both students turned their research papers into 15 minute presentations on their own time during the spring 2021.

Potter worked closely with Dr. Sheri Blok, who volunteered her time to help Potter develop her presentation.

Truck Pull



Photos by Stacey Harrifield

MILFORD - On Thursday, April 22, students and instructors dared to pull a 14 ton semi truck steered by truck driving instructor Mike Kebler. During the competition, Madison Lusche, above, demonstrated her strength, as did John Deere instructor Doug Reznicek, below.



SCC Pride carries on

By Adrianna Lott

LINCOLN - Despite the ongoing pandemic, the Pride Club is adjusting and making it safe to continue to reach and bring awareness to their goals.

Because of the pandemic, the Pride Club meetings look a lot different from a few years ago.

This is Spanish instructor Mariano Ayala's first year to sponsor the club.

He says he has been learning as he goes about how to plan and throw events for the club.

Ayala says, "There has been a change of students attending the weekly meetings because few students want to be around people if it is not necessary."

To accommodate these drastic changes due to

Covid, Ayala offers Zoom meetings for students who cannot make it to the meetings in person.

The Pride Club meets every week at 3:30 p.m. on Wednesday in the Lincoln cafeteria.

In spite of the declining attendance at the weekly meeting for the Pride Club, the group is still trying to raise money and bring awareness to their goals.

Their goals, as Ayala explained, are to be "dedicated to make a positive change in our campus by promoting acceptance of the LGBTQ+ community."

The club planned an event from April 19th through April 23rd in conjunction with the SCC

continued on page 28

Ag Olympics



Photos by Chris Carnes



On Tuesday, April 27, the SCC Ag Club held its annual Ag Olympics. According to Ag administrative assistant Chris Carnes, it was “a very nice turnout of not just Ag students but other programs (as well).” The evening’s events included the bale toss, top right, an egg-eating contest, top left, and a truck pull, bottom. Other events included a wheelbarrow race and a bale roll. Winners of the relay race were, from left, Alyssa Wilshusen, Carter Watson, Connor Bartels, Jared Lawver and Chelsea Kucera. Lawver, Bartels and Wilson were also the winners of the truck pulling contest.



Storm basketball ends successful season at national tournament

By Karly Pooschke

BEATRICE - The SCC Storm ended its season with a close loss at South Suburban College on Friday, April 23, in the national tournament.

The 77-74 loss ended a 14-9 season in which the team was nationally ranked for much of it, sitting at No. 9 for much of February.

About that loss, 17-year head coach Joel Wooton said, "Turnovers were huge today. They scored 27 points off turnovers."

Despite the loss, Wooton remained optimistic about the season.

"A lot of good things

happened this season," he said. "It could help with recruiting for next year. We can focus on specific things at each position."

"These are good kids," Wooton explained. "They worked hard. We had no issues this season."

Covid-19 has not played as big of a role as it could have. Only a few games got canceled and a few others got postponed, but that didn't keep the team from practicing and getting for the next game.

The team averaged 89 points a game, and in some games, the team reached more than 100 points.



Photos by Chad Greene

The SCC Storm men's basketball team was nationally ranked for most of its season and made it to the national tournament, where it lost to South Suburban College in a close game. Above, freshman guard Tyson Lewis puts it up for 2 during a 93-63 victory over Peru State JV in February. At left, sophomore guard Wil McCoy makes a play for the basket during the same game.



Soccer makes its debut at SCC



Photo by Chad Greene

After a one-year delay, the SCC soccer team played its first match, a loss at Beatrice against Western Nebraska CC in April. Above, freshman Daisey Perez makes a play during that inaugural game.

BEATRICE - Southeast Community College's women's and men's soccer teams held their inaugural matches on Friday, April 2, at the new soccer field on the Beatrice Campus.

This is the first season for Storm soccer since it was canceled last year because of COVID-19.

"We have definitely had our share of hardships surrounding all the COVID-related changes and the effects it's had on our team/roster," said women's head coach John Hakari. "The girls have been training hard since

August, and they were really looking forward to finally having an opponent."

The teams competed against Western Nebraska Community College on April 2, and Otero Junior College on April 3. The women's team lost 6-1 and 5-1, and the men's team dropped 4-1 and 6-0 matches.

Both Storm coaches are glad to finally get the season off to a start and start competing.

"It felt good to finally get out there and see the

continued on page 16

Lady Storm



Photos by Chad Greene

The SCC Storm women's basketball team had a successful 11-9 season that ended with a post-season loss to North Platte. Above, Head Coach Lynn Schlake provides guidance during a close 77-76 win over Otero Junior College in February. During that same game, Josiee Sobotka, below, comes in for a layup.



Soccer, continued

continued from page 15

team and roster we're working with as a staff moving forward," said men's head coach Alex Scheuler. "I think everyone is happy to get the first couple of games in the books and get in the routine of playing, instead of just training."

"We showed that we can hang with these good teams as we scored early goals in both matches," Hakari added. "It will only get better as game fitness improves through the season."

Dylan Tridle was named Player of the Week for the men's team. The freshman goalkeeper had 11 saves against Otero.

For the women's team, freshman Trinity Babcock was named Player of the Week for her goal against WNCC, and her assist against Otero.

"After scoring the first goal, it was a great feeling," Babcock said. "It showed that we can compete with these other teams by playing together and putting what we've learned as a team into our games."

Storm Baseball



Photo by Chad Greene

The SCC Storm baseball team is going into the postseason with a 34-12 record. Above, freshman outfielder Jackson Martin slides into second during a four-game sweep of Otero Junior College in April.

Storm Softball



Photo by Chad Greene

The SCC Storm softball team has struggled this season with a team of all freshmen, but returning those players next year holds promise. At left, pitcher Addison Dorn winds up during a win over North Platte CC on March 21.

Review

Onewheel: Is it a toy or is it more?

By Jack Vadnais

I've always liked the idea of skateboarding, but I was never able to get over the fact that a small rock or slight step in-between sidewalk slabs would throw me to the ground. The usefulness of a skateboard as a small transportation device was not able to offset its flaws.

Enter the Onewheel.

The Onewheel is similar to electric skateboards, but instead of four wheels, there is one large wheel in the middle of the board, between your feet.

Its wheel rotates perpendicularly to the direction your body faces just like a skateboard, but self-balances on its singular wheel like a Segway.

The makers claimed that riding on it is reminiscent of snowboarding, though I would not have been able to substantiate the claim, having never been snowboarding.

At the price of a cheap car, \$1800, the Onewheel was either a very expensive toy or more capable than assumed at first glance.

The Onewheel can only be learned with patience and balance.

Only after standing on it for several minutes, trying to feel how the

self-balancing feature of the board affected my own balance, was I able to begin moving forward.

Once past the balancing phase, understanding how to maneuver the Onewheel was very intuitive: a lean in one direction to move that way and a lean in the other to slow down and stop.

Turning was a bit more of a challenge, achieved by physically pointing an arm in the desired direction.

Eventually, the feeling of leaning into turns became more natural.

It did not take long to feel comfortable on the board, especially with the



companion app allowing the ride characteristics to be altered in a surprisingly noticeable fashion. Tailoring how the whole board felt made riding the Onewheel a much more

pleasant and personal experience.

Also pleasant was the advertised range of the device: 12-18 miles.

While riding, checking

continued on page 26

Review

MTN OPS Yeti works out

By Wyatt Roberts

One big part of taking weight training seriously is using supplements.

One of the most common is pre-workout. Pre-workout boosts energy and increases mental focus, allowing you to lift longer and harder when compared to those who don't use pre-workout.

One of those pre-workouts is MTN OPS Yeti.

When it comes to content, MTN OPS Yeti is

second to none.

While it only contains two grams of creatine a serving, it makes up for this with two hundred milligrams of caffeine and vitamin B-12.

It also contains many essential amino acids and vitamins that are lost when working out.

All this leads to a great feeling of power and strength while and after working out.

Yeti is quite different from most other supple-

ments because its unique blend of chemicals leads to a great high.

Most common supplements will give an insane boost, but don't last the full workout. Yeti, on the other hand, isn't as strong but will last well into and after your workout.

This leads to my main problem with Yeti. Because it doesn't have as much creatine, it isn't strong enough for people of bigger stature.

continued on page 28

Review

Hi-Way Diner is made for comfort

By Lexi Davis

LINCOLN - The Hi-Way Diner is a staple in Lincoln and has been a part of our community for over 30 years.

For me, the diner holds a lot of fond memories from when I was younger. My family had always enjoyed going to the diner when I was younger; however, it has been many years since we have all had a Sunday breakfast together at our old hole in the wall.

The Hi-Way Diner has a wide range of variety when it comes to the food they serve. There are items on the menu that suit even the most unique palettes, including fish dinners, breakfast served at all hours, and even meatloaf.

The diner food reminds me of the type of food I could find in my mom's kitchen. A home cooked meal, just not at home.

There are plenty of options for breakfast, lunch, dinner and even dessert. Being open long hours, the diner serves all the meals that one might need.

The serving size for the food is very generous and some menu items come piled high.

For example, one of the items on the menu is Epic Bacon, which is a whole pound of bacon in one



order.

One thing I appreciate is that the food is always made fresh when ordered. The pies come warm and served with the option to add a scoop of vanilla ice cream.

I think the fact that they make fresh food every time shows that they really do value each customer.

Something unique that I noticed, was that when a little kid finishes their food, they get a complimentary popsicle, with the permission from their parents, of course.

At the Hi-Way Diner, the menu is very price friendly, especially for the amount of food that comes in an order. Menu items start at \$3, which is great for eating on a budget, and never exceeds \$11.

In particular, my favorite thing to order from the menu is called a Hot

Stripper, which starts with a pile of hash browns, a few chicken strips piled on top, and topped with sausage gravy. A lot of the menu items come large enough that I could share with another person.

In addition to the food and pricing, the service might be one of the most important key factors to making a great experience.

The staff at the diner was extremely friendly and kind, not the type of friendly that just comes with the job, but people that genuinely care about you and your experience.

As people finished with their meals and made their way out the door, the staff cleared the tables and sanitized them almost immediately. That was a nice and refreshing thing to witness considering there was always a long line at the register of people waiting to give their

order and find a table to enjoy their food at.

In addition to the staff being quick to clear the tables, they never let people forget they were there to serve. It seemed as though every fifteen minutes someone came around with a fresh pot of coffee, offering refills for anyone who was nearing an empty cup.

As I sat down at the table and removed my mask, a man from the kitchen came out to say hello. Scott is the owner of the Hi-Way Diner. He remembered me from when I was little and would come in with my family; he asked me how I had been and how my family was.

That interaction was my favorite part of coming into the diner. It's been close to twenty-four years since I have seen Scott, even though I come in a few times a year; I usually come in later in the evening, while Scott only works the morning shift in the kitchen.

The environment at the diner is so friendly and welcoming.

There were people of all ages.

Some older ladies that seem to come in every Sunday morning for brunch and a few guys that were bundled up

continued on page 20

Review

Tipsy Tina's is worth a visit

By Sadie Lewis

LINCOLN - Tipsy Tina's Taco Cantina is a new restaurant and tequila bar opened early October of 2020.

The restaurant is located in the Haymarket of Lincoln on Eighth and Q streets and is known mainly for their delicious tacos and unique cocktails.

Tipsy Tina's has a creative design and space.

The rectangle-shaped bar in the middle of the restaurant has over thirty seats, and the thirteen tables are wrapped around the outside of the bar and include booths and high tops.

There are also eight patio tables that create an "L" shape wrapped around the corner of the building.

Along with having many places to sit, the restaurant is also colorful. These colors make the restaurant pop and include orange, yellow, blue and purple.

The size of the Tipsy Tina's can get to be small when it gets busy on the weekends.

The bathrooms only have two stalls and a small area for the sink, and even though there is a lot of seating around the bar and at tables, it still is not enough for everyone who comes in.

The kitchen is also small. It was built new because the building did not have a kitchen to begin with, and this can create issues on busy nights.

The menu has a lot of options for appetizers, tacos, salads, desserts and cocktails.

There are nine appetizer items, six being chips and dip, and three being different kinds of bites.

The seventeen taco options are completely customizable to customers' liking.

Two of the seventeen options are breakfast tacos, and one is the special of the week. The special also includes things that are not normally on the menu such as brisket or a special kind of cheese.

Although the colorful menu has a lot of options, it was made convenient and organized to fit on one page. This makes it easy to see every option and order quickly.

The Haymarket location creates a fast and easy lunch spot for those who work downtown and a great place to order delivery from.

On the weekends, it can be hard to find a parking spot and is a busy area; this is the only time Tipsy Tina's Taco Cantina can be inconvenient to go to.

The service is usually



quick and positive.

Tipsy Tina's Taco Cantina's bartenders and servers are upbeat, friendly and patient. They put the customers first and try to find ways to give the customer everything they desire.

The wait time for a table and food can get a little long on busy nights, but these times usually do not exceed thirty minutes.

The pricing is adequate as well as the daily specials.

The appetizer price ranges from four to eight dollars, and the tacos do not exceed \$3.75.

Salads are \$13 or less. This seems expensive compared to the tacos, but they do possess an abundant amount of food for the price.

Desserts are all \$5 and can be shared between up to three people.

Everyday, happy hour from three to six creates discounts on drinks and appetizers, and the all-day food specials occur on Tuesdays and Sundays.

Tuesdays are \$1 off tacos, and Sundays are all-day happy hour.

The rest of the week there are all-day drink specials. These include things like margarita Monday and tequila Thursday.

Although the Tipsy Tina's Taco Cantina is new and still improving, it has been very successful. The strengths are comparable if not better than other restaurants and bars in the Haymarket, and the weaknesses will be solved over time.

All in all, Tipsy Tina's is a great new place to try, especially when craving tacos.

Review

The art of The Mill is on display

By Angie Gomez

Every time I enter The Mill, I feel welcomed and comfortable, and what's more, their coffee is the best in Lincoln.

Right, when I open the door, a big whiff of the rustic ambiance sways me in. It smells so earthy and sweet.

As I get closer to the register, I can smell the variety of coffee beans like the sweet spice of cinnamon from the snickerdoodle to the chocolate and Irish cream from what The Mill calls their "Nebraska blend." I can also smell the pastries they have like there cinnamon bun.

Although it is crowded, the only noise that grasps

my attention is the grinder that perfectly creates that fine grind that molds into the espresso basket so delicately.

I find my seat to the left of the entrance. Facing forward, I can see the busyness of the baristas.

It's not like my typical workday at Starbucks, where everyone is pacing back and forth stressfully. At The Mill, the baristas have a high demand, but they make their job enjoyable.

You can tell they take pride in their job by the way they express their art in the form of a latte. They dress however they please, which is better than employers dressing them up as clones.

Once I was handed



my latte, I quickly felt the cup that is one of a kind. The cup is iconic because it is like a whirlpool with swirls that wrap around the cup, and it feels sturdy yet environmentally friendly. The label, which reads "100% compostable," makes me enjoy the coffee even

more knowing that it is not just toxic waste.

The espresso from The Mill does not taste like burnt coffee, like other coffee shops. It's a medium-dark roast, with round and chocolatey notes.

As I bring it close to my lips, I can already taste the blend of South American and African coffee notes that consist of chocolate, nuttiness and sweet acidity. I pair my espresso with a light splash of creamy oat milk that doesn't hide the earthy taste.

The Mill is such a classic Lincoln coffee shop not just because of its wonderful service, but for its peaceful, comforting environment, the welcoming scent of their collection of coffee beans, and the outstanding and flavorful coffee that I never get tired of.

Hi-Way Diner, continued

continued from page 18 from plowing the roads stopped in for a few cups of warm coffee.

Another table was covered in books and notebooks with a girl studying.

At yet another table, a family circled around a large table and reminded me of my own family out for breakfast many years ago.

The diner is decorated with old signs collected from old diners that are no longer open, one sign even had pricing for milk shakes for ten cents.

Location isn't the most important factor, but it is a good one to keep in mind.

The location of the diner is right along Highway 2, just off of South 27th Street, making it a good stop for anyone passing through the south side of town.

I would have to say my experience at the Hi-Way Diner was a very good one.

Everything was what I would expect out of a restaurant, especially one that has been around for

over thirty years.

The delicious food, friendly pricing, exceptional service, positive environment and prime location all lived up to my standards for a great experience, and I would recommend this diner to anyone who asked for a good place to eat, study or grab a quick cup of coffee.

If you haven't had the pleasure of experiencing the Hi-Way Diner yet, do yourself a favor and stop in sometime.

I promise it won't let you down.

*Review***For Justice League, newer and longer = better**

By Chris Chavez

Zack Snyder's long-awaited director's cut of *Justice League* starring Henry Cavill, Ben Affleck, Gal Gadot, Jason Momoa, Ray Fisher and Ezra Miller finally hit HBO Max on March 18th, and it is definitely worth your time.

The four hour "Snyder Cut" follows a team of six of the most famous and powerful heroes to hit the big screen. Superman, Batman, Wonder Woman and others team up to stop the evil villain Steppenwolf from assembling the three mother boxes and destroying the world.

Many casual fans may be confused when watching *Zack Snyder's Justice League*.

At first, this film may seem very similar to the original theatrical cut of *Justice League* that came out in 2017, but this new director's cut is vastly different from the original.

Before talking about the film itself, it is important to understand the long and confusing history behind the movie's production.

Fans were very disappointed when *Justice League* first hit theatres back in 2017. People expected a huge action-packed adventure, full of surprises and high stakes; instead, they were met with a badly-edited,



soulless production from director Joss Whedon.

Fans were convinced that there was a better version of this movie out there. The version they referred to later came to be known as "The Snyder Cut."

The Snyder Cut is known by fans as the movie Zack Snyder directed before he had to leave production due to personal reasons.

Snyder is known for movies like *Man of Steel* and *Watchmen*, and he had a clear vision for what he wanted to do with *Justice League* when he was tasked to direct it.

After Snyder left, production was taken over by Joss Whedon, who tried to turn *Justice League* into a movie that could start a Marvel-style

cinematic universe.

When fans learned of what Joss Whedon did to the movie they had waited so long for, they started the #ReleaseTheSnyderCut movement.

Four years later, their online petitions and hashtags finally paid off, as Zack Snyder was brought back by Warner Bros. to finish what he started in 2017 to promote their new streaming service, HBO Max.

After years of waiting, Zack Snyder's version of the movie was finally released on March 18.

Zack Snyder's Justice League is four hours long, and although many may be turned off by its long run time, the film makes up for it by delving deep into each character's story, giving both villains

and heroes real motivations this time around.

Characters like Steppenwolf and Cyborg, who were mostly ignored and forgettable in the 2017 version of the movie, are given new arcs which really helps viewers care about their characters.

Ray Fisher's Cyborg plays a central role this time around and could even be considered the heart of the movie. His new and expanded backstory is explored in this movie, finally giving justice to a character who was previously ignored.

The villain Steppenwolf also feels much more menacing this time around, and his motivations for destroying Earth are explored and better

continued on page 28

Review

Genshin Impact: miHoYo's spring announcements turn a new leaf

By Elizabeth Butler

As spring comes upon us with new life, so does it come with new content for fans of miHoYo's latest game: *Genshin Impact*.

I set out to explore these new features, and answer the question: Is it enough to bring back a player who has put down the game for an extended period, such as myself, and should new players be intrigued to join the game in 2021?

For readers unaware of this game, *Genshin Impact* is a free-to-play open world adventure game currently available on Playstation 4, PC and mobile in which players traverse the world of Teyvat, a fantastical realm full of flora, fauna, secrets and scenery to behold.

On their official website, MiHoYo gives a brief overview of the plot of the game: "As a traveler from another world, you will embark on a journey to reunite with your long-lost sibling and unravel the mysteries of Teyvat, and yourself."

The gameplay has been compared by many to *Nintendo's The Legend of Zelda: Breath of the Wild*, as combat mechanics are very similar.

The vast majority of the game is accessible via



single player exploration, with a story that unravels as the player progresses, unlocking and discovering new areas.

However, a co-op mode in which players can collaborate for the sake of exploring together and completing dungeons is available after players have collected experience to grow their player rank to level 13.

Players can acquire new characters with the game's "banner" system, the game's form of "gacha" — a mechanic in which currency known as primogems can be exchanged for "wishes."

Each wish is randomly generated from a pool of available items and characters and grant the player one of them, much

like Japan's toy vending machines known as "gachapons," hence the name of the mechanic.

Primogems can be purchased with real world currency or acquired by completing in game quests.

Once acquired, players can use up to four characters in a party, combining characters' elemental specialties and abilities to slay their enemies. As explorers get further in the game, they can level up the characters for their battling party to better suit their needs.

With that said, *Genshin* is a constantly improving game — miHoYo sends out entirely new content updates to add to the world and story every six weeks, constantly ex-

panding on the available content.

April 2021 was no different, and the newest content updates and events come with plenty of things to do.

A new "gadget" item is now available, called Endora, and a quest line has been released along with it.

This event was called "Wishful Drops" and ran from April 9th to April 16th.

Endora is a pet for the player; an "Oceanid," a type of creature in the game that uses water to create illusions; and also a mini-boss.

The quest in which players will receive this watery new friend also rewards quite a few in-game

continued on page 23

Genshin Impact, continued

continued from page 22

items and currencies, as well as a cute story regarding the watery companion.

Following this, players may be interested in miHoYo's second announcement: an event in which collectable items may be traded for more rare items, such as the ever-sought after primogems.

This event, called "Marvelous Merchandise," allowed players to exchange materials with an NPC to get rewards, giving older players something to do with items they've collected and new players an opportunity to get some rarer items for free from April 16th - 23rd.

However, the most exciting of all the recent announcements is a new mainline story quest, called "We Shall Be Reunited." As stated earlier, the plot of the game involves the player searching for their lost sibling.

This quest, available after April 12th, reunites the player character with their twin sibling for the first time in the game's story. As such a major plot point, this is certain to add new levels of intricacy to the narrative.

I will admit, I have put a lot of hours into this game prior to this spring—I started my Teyvat adventure in October, a few weeks past the game's launch.

I've thoroughly enjoyed the experience throughout, but had taken a bit of

an extended break from the game in recent months as life got busier and my interest in grinding to improve my characters' stats grew smaller.

However, having picked it back up recently, I found new life being breathed into the world I've held dear since the game launched last fall.

The addition of Endora made me excited to have a pet that I could use, and the gameplay added in the quest along with it was a ton of fun to get immersed in. Hitting enemies with my water fairy brings me an unexplainable amount of joy.

Although "Marvelous Merchandise" is not yet available at the time of writing, similar events have taken place in the past, so I have found myself collecting standard items like flowers and meat in preparation to trade them for items soon!

I've honestly had a ton of fun walking around while doing quests and searching all the areas I've grown familiar with for collectables.

And without getting into any potential spoilers, the newest story quest has plenty to offer as well.

I chose to play as the female of the main character twins. I'm also incredibly excited to be getting to meet my long-lost brother soon, and I'm ready to fight through hordes to get to him.

But the question still

remains: Is everything miHoYo has added recently enough to bring back old players, and should new players pick the game up as well? Having explored nearly everything *Genshin* currently has to offer, I have to give that question an undeniable YES.

I myself am happy to be back and eager to keep playing.

After having had a case of burn out from *Genshin* for quite some time, I find it refreshing to be able to say I'm back in it for the long haul—and that also says plenty for what the developers have put into making their game attractive to the audience.

I've found that I am very interested in the storyline and that the gameplay is something I can have a ton of fun with in both single-player mode and in co-op with friends.

This alone isn't enough to keep everyone interested forever, though.

It is evident that miHoYo is aware of that, as they continue to implement new mechanics and areas to explore with every new content release. Every time I come back to this game, I am pleasantly surprised with the new additions, and I believe other older players would feel the same.

As far as new players go, looking back to my first time playing, I can remember the immersion I felt in the world of Teyvat nearly immediately.

I haven't had a game reel me in so quickly since I played *Ocarina of Time* back on the Nintendo 64 in my early days of gaming as a child. Not only that, but the graphical quality and art style is refreshing to see against a market of many fully realistic games.

The ability to play in single player also marks this game as a standout for potential players that may feel washed out in the era of battles royale and competitive online multiplayer games, as well as those who crave a story-driven experience.

Everything considered, I find it safe to conclude that with everything miHoYo has added recently, and the effort being put in to keep the game fresh, *Genshin Impact* is perfect for both old players and new to pick up this spring—whether it's on a controller, keyboard or even mobile phone.

This game has plenty to offer, and with constant updates (and the \$0 price tag to get started) I truly couldn't recommend it more to anyone looking for some on screen adventure to get involved in, and urge anyone who has put the game on the back burner to pick it back up.

Now is the perfect time to fall in love (or fall back in love) with *Genshin Impact*, so grab your favorite gaming platform, and I'll see you in Teyvat, traveler!

Illuminations celebrates 22nd volume

By Lexus Heithoff

The 22nd edition of Illuminations is now available.

Illuminations is a fine arts publication that provides a creative outlet for academic and literary writing such as prose, visual arts and poetry.

Students, both current and former, faculty and staff from SCC are invited to enter submissions for publication.

Illuminations serves SCC's dedication to present outstanding creative works with a wide variety of styles, subjects and voices to the public.

For the celebration of the latest edition of Illuminations, a group of students, faculty and staff



hosted a launch party on Friday, April 30, at the Jack J. Huck Continuing Education Center (CEC), from 4:30 - 6:30 p.m.

The event was also available virtually on Livestream.

Copies are now available in the Library Resource Centers on each

campus and by request. If anyone would like a copy, please email Illuminations@southeast.edu with a current mailing address and desired number of copies.

Submissions are currently being sought for next year's edition, Volume 23. The deadline for Volume 23 is May 31;

however, submissions are accepted year-round.

Submission forms can be found in the Library Resource Centers or on the college website (www.southeast.edu). The Illuminations page can be found under "Student Life" labeled as "Literary Magazine."

Skills USA goes virtual in 2021

By Elizabeth Butler

LINCOLN - Southeast Community College Design & Drafting Technology students are participating in a virtual competition through Skills USA Nebraska this spring.

Four students at SCC's Lincoln campus participated in teams of two in the Additive Manufacturing (3D Printing) and Technical Drafting competitions at the virtually held 2021 Nebraska Skills USA State Conference April 8th-16th.

This year's competition looks a bit different than previous years due to the pandemic.

The 2020 state competition was canceled in its entirety, but organizers have opted to hold

the conference virtually through a variety of platforms.

There will be no national conference this year.

According to Robert Epps, Skills USA Advisor at SCC, the competition took place partially through Zoom, as well as through video recording of certain required steps by instructors. These videos were then be submitted to judges for scoring.

The team will be designing 3D printing projects to meet given criteria, presenting written specifications of the product, and presenting their final project. The students were judged on the effectiveness of their design as well as the quality of their project and presentation.

continued on page 25



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Student senate is a place for anyone

By **Chris Chavez**

LINCOLN - “We are the organization that represents the student body on campus” is how Lincoln Student Senate President Belle Kendle defines student senate.

Kendle has been a part of Student Senate as an executive officer for three terms and president for the last two.

Skills USA, continued

continued from page 24

Southeast Community College is a Skills USA Nebraska partner organization, and students each year participate in a variety of competitions on the district, state and national levels.

Skills USA is a national program that describes itself as “A nonprofit national education association” that “serves middle-school, high-school and college/postsecondary students preparing for careers in trade, technical and skilled service (including health) occupations.”

For those students interested in participating in Skills USA, Epps stated that the program is a great option for students looking to get involved in something on campus and beyond.

Student senate is made up of five executive officers, and there currently are 12 members. Each member has an important role in each meeting, as everyone works as a team.

The student senate represents students in the college decision-making process. They also are responsible for all student activities that happen on campus like mid-term

“Skills USA builds teamwork skills necessary for workforce life past college,” he said.

“It also gives students an opportunity to visit new places via competitions, as well meet students from other colleges and network with them, creating lasting connections,” Epps added.

As conditions improve surrounding Covid-19, the outlook for Skills USA continuing in-person competitions grows brighter.

Epps remarked that “Things should be closer to normal next year, and more students will be able to get back to participating in a wide variety of competitions, as there is a Skills competition for nearly every program at SCC. We are positively looking forward to a bright, engaging future.”

relaxation days or the fun fest.

“Our main role is to bridge the gap between the administration and the student body,” Kendle said, “to promote the best living for students on campus.”

According to Kendle, COVID has caused many issues for student senate. She explained how the student senate used to be able to do things like make hot dogs or hot chocolate and hand them out, but after COVID hit. That was no longer a possibility.

Many contact activities like paint a pumpkin also had to be canceled to protect the health of students.

COVID hasn’t stopped all activities though.

One of the student senate’s most successful events happened recently, rubber ducky day.

“We quite literally just handed out rubber ducks,” Kendle said. “We had over 190 participants just for that event.”

COVID has also unfortunately affected student senate membership.

Right now, Kendle is one of twelve active members, and when the fall semester started there were only three out of 29 programs represented, but luckily, the number of members has grown since then.

“At first we moved everything to Zoom,” Kendle shared. “That was cool and all, but there was no way we could do student outreach in that way.”

If anyone is interested in joining the student senate, one of the easiest ways is by going to one of their meetings and signing up from there. Student senate meets every Monday at 3:00 p.m. in the cafeteria.

“You get to be an active voice on campus, and it is a good leadership opportunity and a good networking opportunity,” Kendle said. “You also build friendships; we work as a team.”



Meadow Hall



Photo by Joshua Whitney

Meadow Hall, in the foreground, will be open for students starting with the fall 2021 semester and will resemble the recently opened Prairie Hall. Once Meadow Hall is available, Cornhusker Hall (see foreground on cover) will be razed.

Onewheel, continued

continued from page 17

the battery level constant-ly was both distracting and a waste of time. The battery level dropped slowly and, before long, was completely out of mind. The battery still had just under a quarter of its charge remaining after a couple hours of casual use.

The Onewheel also had regenerative breaking, which charged the battery while going down hills, though likely not enough to make up for the energy spent pushing the rider up them.

One local Onewheel owner, James, mentioned how, because he lived near the center of Lincoln, he does not need a car as he can ride just about anywhere and back, except to the outskirts of the city, on only a single charge.

Riding the Onewheel to class at UNL or Southeast or even to work did not seem out of the question, especially if you have time to charge the board between uses.

Thankfully, large batteries were a trend in the personal, electric board market.

The Onewheel's competitors are other small, electric transports, and the obvious ones were skateboards.

Electric skateboards are just that, skateboards that are powered by

electricity. Electric skateboards required a device held in the hand that controlled the small motors while the Onewheel was a hands-free device, relying on its internal gyroscope to control its single, large motor.

The large motor allowed the Onewheel to travel up hills faster and more easily due to having more torque available. That same torque coupled with the much-larger-than-skateboard-wheels wheel granted the ability to travel off the beaten path and over off-road terrain.

And other electric skateboards with similar abilities cost double or more the price of the Onewheel.

The trade off for having its large motor is a reduced range compared to other electric skateboards in its price segment. Similarly-priced electric skateboards can have nearly double the range.

Its top speed was rated at 19 MPH, which, while not the fastest in this segment, was more than fast enough to enjoy the experience.

Quantifying how enjoyable the experience was is a difficult thing to do.

Was the Onewheel fun? Absolutely.

Could other electric boards have provided

continued on page 27

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Onewheel, continued

continued from page 26

the same level of fun or more? Maybe.

The fact remains, however, that no amount of falling down was able to take the smile off my face.

Leaning far back and making really tight, 180 degree turns, gunning it off of sidewalks and across lawns, and the feeling of floating when carving down the street were addicting.

Riding over rocks and sticks that would have otherwise incapacitated an electric skateboard was a thrilling feeling. James was able to drop down off of sidewalks and onto the street and then hop back up the curb with seemingly little effort, a surprise considering the weight of the Onewheel.

The Onewheel itself looked very different from the pictures on its website. It had completely different colors, a different tire, as well as some odd fins that intruded into the foot area.

There are multitude of accessories available to owners, both from the manufacturer as well as third-parties.

Some of the more interesting ones include stylized grip tape for the top of the board, colored or patterned skid plates for the bottom, and hyper vibrant reflectors for the inner wheel.

Groundbreaking, continued



Image contributed

Above is an artist's rendering of what the new entrance to the Lincoln campus will look like.

continued from page 5

library resource center, student activities center, student enrollment and accounts, student success center, safety/security,

campus office, student development and engagement, testing center, tutoring and transitions center, and the veteran's connect center.

Alley Poyner Macchi-

etto Architecture is the architect for the project, and Boyd Jones is the Contractor. Both are Omaha-based businesses.

There were a surprising number of options for a device so unique, though cult followings for uncommon and interesting gear have never been particularly shocking.

By default, the Onewheel comes equipped with a go-kart slick, for more grip on paved surfaces, but this board had an off-road tire with deep tread for better off-roading. It certainly had its own striking look.

Learning about and

riding the Onewheel was an extremely fun adventure, and there was definitely more than meets the eye with this device.

While easy to learn, the Onewheel is hard to master, which should be considered important in the case of commuting on streets surrounded by cars. There are better options out there should that be the intended use, but the Onewheel is likely the most entertaining option available.

Despite the crazy fun that can be had on it, it is still a tool that can be used practically by anyone willing to pay the price for it.

Considering that it has an average to sub-average range and speed for its price point, the more fun and satisfying riding experience was a worthwhile trade-off if your travel distance falls within its capabilities.

Yeti, continued

continued from page 17

Another big part of looking for a great pre-workout is how bad the crash is.

This is one place where MTN OPS really shines.

The crash is almost non-existent because of the unique blend of chemicals. Most common supplements will have an extremely high creatine content, which leads to about two hours of the “high” then it crashes hard.

MTN OPS, on the other end, has a slow burn while working out, so there is no insane crash.

Yeti also has an overall wonderful flavor. It has many different flavors

ranging from Tigers Blood to Citrus Bliss.

My only gripe with this is that they mainly only carry fruity flavors for three pre-workouts.

In addition, the powder mixes quite well, but the creatine does have problems mixing which can lead to a dirty last sip. This makes the last sip taste like you are licking the underside of a park bench.

Finally, the pricing of MTN OPS is very reasonable, costing about \$35.

The containers are sold and marketed as a monthly supply, but this isn't quite true. Lifting only three times a week will keep the supply, but

if you lift more than that, the container will be gone about halfway through the month.

So for lifters who tend to work out all week, I recommend buying two containers at a time, which will lead the average cost of working out to increase.

When it comes to MTN OPS Yeti, I would highly recommend it for anyone who is wanting to get se-

rious about lifting. It is an amazing product that not only works wonders, but it doesn't break the bank.

While it does cost more to use this product, it has a much higher concentration of amino acids and vitamins and doesn't crash near as bad as many common pre-workouts.

If you're looking to get the best workout you can try MTN OPS Yeti.

SCC Pride, continued

continued from page 12

Student Senate. The event was hosted and set up by the students and their sponsor.

The Nebraska AIDS Project donated over 300 condoms to the club, so the group handed out free condoms and information

on STD prevention.

To raise money for the club's next major event, the group sold several items, including a \$13 t-shirt that says “Gay? Fine by me.” and affordable pins, face masks and bracelets.

Justice League, continued

continued from page 21

understood in this movie. He definitely feels like a worthy villain for the Justice League this time around.

The movie also includes many surprises and cameos for long-term comic book fans that I won't spoil, but are definitely very cool.

This movie really has something for anyone.

Overall, the Snyder cut proves to be a far supe-

rior version of *Justice League* than the 2017 theatrical cut. It is a fully fleshed-out, epic superhero movie, and it is one of the most refreshing comic book movies to come out in recent times.

If you are a fan of comic book movies, I would definitely recommend this movie. This four-hour movie is definitely worth your time.

I give Zack Snyder's *Justice League* a 9/10.

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